

Workbook tune into your goddess potential

- Unlock and overcome the biggest obstacle that has been holding back your full feminine expression from it's potential
 - Awaken and embody the goddess inside yourself
 - Connect with your divine feminine
 - Learn about the Goddess Archetypes and which one fits you the best
 - Techniques for accessing your inner wisdom and guidance

& Connect with the community

In this workshop you are going to learn how to:

- Unlock and overcome the biggest obstacle that has been holding back your full feminine expression from it's potential
 - Awaken and embody the goddess inside yourself
 - Connect with your divine feminine
 - Learn about the Goddess Archetypes and which one fits you the best and which ones you want to embody more
 - Techniques for accessing your inner wisdom and guidance

& Connect with the community





This workshop is for you, if..

- If you are deeply ready and committed to taking on a personal and spiritual journey to become your best self, then this workshop is for you.
- you want to explore and embody mor of your divine feminine energies, discover and connect with your inner goddess, but you don't know how to do it and it feels scary, embarrassing
- you want to tap more into your powers,
 but fears are holding you back or you
 don't know where to start or you haven
 't found the right community yet.

This workshop is for you, if..

- you want to be more connected to your body and your sacred sexuality, but you feel disconnected from your senses, your body, your sensuality, intuition, and your feminine magnetism
- you feel like you have to be all the time in the masculine and you realize, that you lived your life in your masculine, and it served you well, but you urge to explore more sensuality, embodiment, juiciness and connection

This workshop is NOT for you, if...

If you are not interested in self-growth, personal or spiritual development



If you expect a magic spell that will solve your problems without you putting the work in

If you are not willing to put energy, time and the work into it

If you are not willing to let go or you refuse to get out of your head, need to control everything





Workbook Journal Prompts

- 1. Which goddesses resonate with me and why?
- 2. What qualities of the goddess do I want to cultivate in my own life?
- 3. What are my intentions for activating my goddess potential?
- 4. What blocks or limitations may be holding me back from fully embodying my goddess potential?
- 5. What does it feel like to embody my goddess potential?
- 6. How can I continue to cultivate and nurture my goddess potential moving forward?



Workbook Journal Prompts

Journal questions overcome limitations

- 1. What is actually holding me back in becoming my goddess version?
- 2.On what do I have to work to embody the archetype I want to embody or feel drawn to?
- 3. Write down affirmations that reflect the qualities and energies of the divine feminine that you want to embody.
- 4. Take some time to reflect on the beliefs and patterns that may be holding you back.
- 5. Create a vision board: A vision board is a visual representation of your goals and aspirations. It can be a powerful tool for manifesting your goddess potential, as it helps to bring your intentions and desires into focus and make them more tangible.

You are invited to join your new spiritual sisterhood



To join your new spiritual sisterhood



Connect with likeminded sisters on your souls journey of growth, self-love, embodiment, healing and integration



